

23-26 SEP
2026

VALENCIA

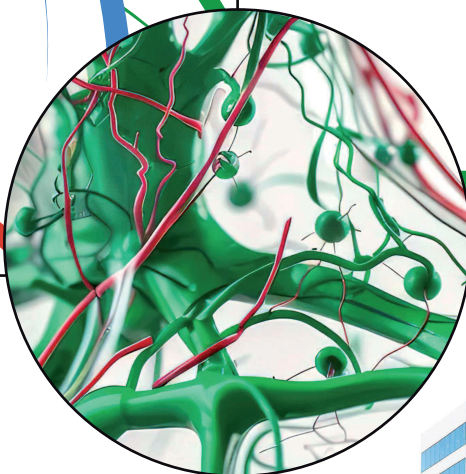


European
Society of
Lymphology

Gel
GRUPO ESPAÑOL DE LINFOLOGÍA

48 CONGRESS EUROPEAN SOCIETY OF LYMPHOLOGY

1^{ER} CONGRESO
GRUPO ESPAÑOL DE LINFOLOGÍA



program

GENERALITAT VALENCIANA
HOSPITAL LA FE
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1ER CONGRESO
GRUPO ESPAÑOL DE LINFOLOGÍA

23-24 SEP

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Pilar Crespo Cobo



Comité Científico Local

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Blanca Pardo Sievers
Cristina Puigdemívol Serafi
Vicenta Pujol Blaya
Lourdes Reina Gutiérrez
Reme Ruiz Miñarro

Miércoles 23 SEP

13:30-14:00 **Acreditación**

AULA H004

14:00-16:00 **TALLER 1: DRENAJE LINFÁTICO.** Blanca Pardo y Reme Ruiz

16:00-17:15 **TALLER 2: VENDAJE.** Pilar Rel

17:15-18:00 **SYMPOSIO. Evaluación del linfedema mediante la tecnología de constante dieléctrica tisular.** Manel Jiménez

18:00-19:30 **TALLER 3: PRENDAS DE COMPRESIÓN.** Isabel Forner-Cordero y Laura Albiach

SALÓN DE ACTOS

16:00-18:40 **COMUNICACIONES ORALES** (Pág. 6)

Jueves 24 SEP

08:00-08:30 **Acreditación**

SALÓN DE ACTOS

08:30-09:00 **Apertura del Congreso**

SESIÓN 1: LINFEDEMA

Moderadoras: Marta López, Lourdes Reina y Helena Martínez

09:05-09:25 **Flebolinfedema: un problema común frecuentemente infradiagnosticado e infratratado en las unidades de úlceras.**
Lourdes Reina

09:25-09:45 **Evaluación instrumental I: linfogammagrafía- linfoSPECT.**
Cristina Ruiz

09:45-10:05 **Evaluación instrumental II: linfo RMN.** Alberto Alonso

10:05-10:30 **Discusión**

10:30-11:00 **Pausa-café** (zona exposición)

SALÓN DE ACTOS

SESIÓN 2: LIPEDEMA

Moderadoras: Isabel Forner-Cordero y Reme Ruiz

- 11:05-11:25 **Perspectivas de investigación en lipedema: estado actual y líneas futuras.** Isabel Forner-Cordero
- 11:25-11:45 **Lipedema de brazos: claves diagnósticas y estrategias terapéuticas.** Alexo Carballeira
- 11:45-12:05 **Intestino hiperpermeable en lipedema.** José Luis Simarro
- 12:05-12:25 **Nutrición y lipedema: criterios clave para la práctica clínica.** Eraci Drehmer
- 12:25-13:00 **Discusión**
- 13:00-14:00 **Asamblea General GEL.** Moderadoras: Isabel Forner-Cordero y Reme Ruiz
- 14:00-15:00 **Comida** (zona exposición)

SESIÓN 3: TRATAMIENTO LINFEDEMA

Moderadoras: Vicenta Pujol y Pilar Crespo

- 15:05-15:25 **Agentes físicos en el abordaje de los trastornos linfáticos.** Raquel Reinaldos
- 15:25-15:45 **Cirugías derivativas y de resección en el linfedema.** Andrés Reyes y África Duque
- 15:45-16:05 **Optimización del resultado quirúrgico mediante el abordaje rehabilitador.** Pilar Crespo
- 16:05-16:25 **Mitos en medidas de prevención de linfedema.** Marta López
- 16:25-16:45 **Ejercicio como prevención y manejo del linfedema.** Roser Belmonte
- 16:45-17:05 **Terapia celular en el tratamiento linfedema.** Cristina Puigdemívol
- 17:05-17:30 **Discusión**
- 17:30-19:00 **CONFERENCIA MAGISTRAL. Linfofluoroscopia-ICG**
Jean-Paul Belgrado
- 19:30-20:00 **Clausura del Congreso y entrega de premios.** Isabel Forner-Cordero

AULA H004

09:00-10:30 **TALLER 4 (PHYSIOMED): DEEP OSCILLATION EN EL LINFEDEMA Y SECUELAS ONCOLÓGICAS.** Felipe Medina y Raquel Reinaldos

10:30-11:00 **Pausa café** (zona exposición)

11:00-13:00 **TALLER 5: DIAGNÓSTICO EN LINFEDEMA. APLICACIÓN DE HERRAMIENTAS DIGITALES EN LA CONSULTA DE LINFEDEMA.** Vicenta Pujol

14:00-15:00 **Comida** (zona exposición)

15:00-16:30 **TALLER 6 (MEDI): LINFEDEMA EN CÁNCER DE MAMA: ESTRATEGIAS TERAPÉUTICAS ACTUALES.** Cristina Puigdemívol y Reme Ruiz

16:30-18:30 **TALLER 7: AUTOGESTIÓN DE LINFEDEMA: DEL MODELO BIOMÉDICO AL PACIENTE PROTAGONISTA.** Helena Martínez

AULA H002

18:30-19:30 **Reunión del Executive Committee de la European Society of Lymphology (ESL)**

ZONA EXPOSICIÓN

09:00-18:30 **PÓSTERS**

SALÓN DE ACTOS

COMUNICACIONES ORALES

Moderadoras: Roser Belmonte, Marta Fernández y Vicenta Pujol

- 16:00-16:10 **Déficits asociados al linfedema de cabeza y cuello en pacientes con cáncer de cabeza y cuello: estudio retrospectivo observacional longitudinal.** Mihaela Adriana Taranu, María del Mar Palou de Comasema, Bárbara María Nuñez, Sandra Almazán y María José Durá
- 16:10-16:20 **Abordaje rehabilitador en pacientes con cáncer de cabeza y cuello valorados en nuestra unidad de linfedema.** Aixa María Martín, Sonia Pons, Víctor Cruz, Patricia Jaime e Isabel González
- 16:20-16:30 **Ondas de choque focales piezoeléctricas como tratamiento adyuvante del linfedema de miembro superior secundario a cáncer de mama.** Oriana Sánchez, Concepción Cuenca, María Esteban, Rocío Rivera, Belén Martínez, María Ramírez, Alicia García y Celia Pascual
- 16:30-16:40 **Impacto de un programa de ejercicio terapéutico supervisado en supervivientes de cáncer de mama con linfedema secundario: estudio prospectivo.** Azusena E. Rodríguez, M^a Pilar Crespo, M^a. Susana Gil y José Antonio Díaz
- 16:40-16:50 **Detección y estratificación de la gravedad del edema mamario mediante tecnología dieléctrica portátil en mujeres españolas con cáncer de mama.** Gerard García, Alba Gómez, M^a. Carme Gelabert, Marta Fernández, Laura Sánchez, Marta Durán, Patricia Launois y Vicenta Pujol
- 16:50-17:00 **Intervención nutricional en el abordaje rehabilitador tras linfadenectomía axilar en pacientes con sobrepeso u obesidad: estudio piloto.** Mar Cerezo, Juana María E. Martínez, Rocío Conejero, Elena Rubio, María Dolores Rubio y Victoria Eugenia Iñigo
- 17:00-17:10 **Neuropatía del nervio intercostobraquial tras linfadenectomía axilar en cáncer de mama: incidencia y evolución clínica.** Azusena E. Rodríguez, M^a. Susana Gil, M^a. Pilar Crespo y Marta Casallo
- 17:10-17:20 **Utilidad de la bioimpedanciometría multifrecuencia en el diagnóstico y seguimiento del linfedema de extremidad inferior.** Felicitas García, Marina Álvarez, Ana Victoria Lobato, Raúl García, Paulo César Mateluna, Mercedes Piqueras y Roser Belmonte
- 17:20-17:30 **Monitorización mediante bioimpedancia de la terapia descongestiva compleja en linfedema: ¿es más sensible que la circometría clásica?** Ángela González, Cristina Martínez, María José Sánchez, Sonia López, María Pérez Colino y Cristina Pérez
- 17:30-17:40 **Planificación de las anastomosis linfático-venosas con ecografía.** Paloma Malagón y Takumi Yamamoto

SALÓN DE ACTOS

- 17:40-17:50 **ECOLIPE. Ultrasonidos en el diagnóstico de lipedema y linfedema.**
Adan Jesús Guerra e Isabel Forner-Cordero
- 18:00-18:10 **Impacto de la terapia descongestiva compleja mediante drenaje linfático manual en el edema generalizado de pacientes pediátricos críticos: estudio observacional prospectivo.** Florencio Jiménez
- 18:10-18:20 **Dolor selectivo sobre perforantes en el 95% de pacientes con lipedema: un hallazgo clínico que el eco-Doppler convencional apenas detecta.**
José Luis Simarro
- 18:20-18:30 **Estudio piloto en lipedema y obesidad combinando dieta baja en hidratos, ortésis tejido plano y programa específico ejercicios.**
Ana María Ruíz, Aitor Trabanco, Soraya Gamazo y Soledad Riesgo
- 18:30-18:40 **El eje intestino-tejido adiposo en el lipedema. Scooping review.**
Elena Vaquero, Ana Belén Puentes, María García, Laura Millán y Rebeca Puentes

Scientific Committee

ESL President

Francesco Boccardo

ESL Vice-presidents

Etelka Földi
Martin Wald

President Scientific Committee

Pierre Bourgeois

Vice-president Scientific Committee

Evangelos Dimakakos

President of the Congress

Isabel Forner-Cordero

Editor in Chief of the EJLRP

Sandro Michelini

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Vicenta Pujol Blaya
Lourdes Reina Gutiérrez
Reme Ruiz Miñarro

Friday 25th SEP



European
Society of
Lymphology

07:45-08:15 Registration

ASSEMBLY HALL

08:15-08:25 Welcome to the Congress

SESSION 1: CLINICAL FEATURES

Chairs: Jean-Paul Belgrado and Dolores Maldonado

08:25-08:40 **Breast edema after conservative surgery for early-stage breast cancer: a single-center assessment of risk factors.** Francesco Boccardo

08:40-08:55 **The benefits of combining manual lymphatic drainage with bandaging techniques in the treatment of lymphedema.** Olivier Leduc (video)

08:55-09:10 **Lymphatic disorders in heroin addicts.** Amer Hamade

09:10-09:30 **Primary lymphedema and associated syndromes.** Miguel Amore (video)

09:30-09:50 **Implementation of prospective surveillance model for early intervention strategies in breast cancer related arm lymphedema.** Karin Johansson

09:50-10:05 **Adaptive velcro compression devices in lymphedema: an evolving strategy in patient-centered approach to compression therapy.** Pinar Borman

10:05-10:20 **Head and neck lymphedema management.** Franz Schingale

10:20-10:40 **Discussion**

ASSEMBLY HALL

10:40-11:00 **Opening Ceremony**

11:00-11:30 **Coffee break** (exhibition area)

SESSION 2: DIAGNOSIS

Chairs: Pierre Bourgeois, Evangelos Dimakakos and Fernando Gómez

11:30-11:50 **Non-invasive diagnostic of lymphedema.** Alberto Macciò

11:50-12:10 **Technical diagnosis of lymphedema.** Erika Mendoza

12:10-12:30 **The standardization of lymphoscintigraphic imagings, their analysis, and reporting.** Pierre Bourgeois

12:30-12:50 **Assessment of lymphedema using tissue dielectric constant (TDC) technology.** Heikki Meriranta

12:50-13:10 **MR Lymphography: new data for its usefulness in the diagnosis and differential diagnosis of lymphedema.** Evangelos Dimakakos

13:10-13:30 **The PeriKit: standardizing the measuring and the monitoring of the lymphedema after 10 years of research and development.** Joe Harfouche

13:30-14:00 **Discussion**

14:00-15:00 **Lunch** (exhibition area)

SESSION 3: LIPEDEMA

Chairs: Sandro Michelini, Isabel Forner-Cordero and Lourdes Reina

15:00-15:20 **Alteration of subcutaneous adipose tissue function in lipedema.** Philipp Kruppa (video)

15:20-15:35 **Lymphedema and lipedema: different diagnostic and therapeutical approach.** Sandro Michelini

15:35-15:50 **Lipedema and inflammation: usefulness of the resistive index.** Marina Cestari

15:50-16:05 **Dietary management in patients with lipedema.** Gabriele Faerber

16:05-16:20 **Beyond emotional eating: the neuroinflammatory root of hedonic hunger in lipedema.** José Luis Simarro

16:20-16:35 **Surgical treatment of lipedema.** Manuel Cornely

16:35-16:50 **An update on lipedema research: current evidence and future challenges.** Isabel Forner-Cordero

16:50-17:10 **Discussion**

ASSEMBLY HALL

ORAL COMMUNICATIONS

Chairs: Sandro Michelini, Isabel Forner-Cordero and Lourdes Reina

- 17:10-17:20 **Comparing flat and circular-knit garments in lipedema management.** Juan Vázquez and Isabel Forner-Cordero
- 17:20-17:30 **Assessing the clinical implications of comorbidities prevalence in a prospective cohort study of lipedema patients.** Daniel A. Céspedes, Fátima Sirvent and Isabel Forner-Cordero
- 17:30-17:40 **Psychiatric conditions and psychosocial burden in lymphedema and lipedema: a systematic review.** Isabel Muñoz, Daniel A. Céspedes and Isabel Forner-Cordero

SESSION 4: INNOVATIONS IN LYMPHOLOGY

Chairs: Sarah Thomis, Michael Bernas and Amer Hamade

- 17:50-18:10 **Potential future discoveries in lymphology: a research roadmap for consensus document.** Michael Bernas
- 18:10-18:30 **Embolotherapy in lymphatic pathology.** Fernando Gómez
- 18:30-18:50 **Cervical LV anastomosis in Alzheimer's disease: preliminary results of the ALCEA Study.** Carmen Higuera
- 18:50-19:10 **Research horizons in lymphedema: current focus and future directions.** Sarah Thomis
- 19:10-19:30 **Discussion**

ORAL COMMUNICATIONS

Chairs: Sarah Thomis, Michael Bernas and Amer Hamade

- 19:30-19:40 **LYMPH-V for early detection of breast cancer-related lymphedema: reproducibility of a wearable arm-volume monitoring device.** Ismail Toygar, Gülcan Bağcıvan, Ayşe Arikan Dönmez, Elif Deniz Kaçmaz, Furkan Bilek, Mehmet Durmus Çalisir, Yasin Karan and Pinar Borman
- 19:40-19:50 **Is it possible to enhance the alleged reducing properties of MLD?** Sławomir Pysznik
- 19:50-20:00 **Original protocol covering qualification, planning, and evaluation of microsurgical LVA surgery, along with recommendations and postoperative management improves the prognosis of microsurgical treatment of lymphedema.** Sławomir Pysznik, Piotr Gierej and Marzanna T. Zaleska

ROOM H004

ORAL COMMUNICATIONS

Chairs: Marina Cestari, Blanca Pardo and Helena Martinez

- 08:30-08:40 **A validated method to assess upper limb lymphedema measuring skin thickness with ultrasound.** Paloma Malagón
- 08:40-08:50 **Alterations of lymphatic drainage in upper limb lymphedema observed in ICG lymphography compared with tissue changes in different stages.** Marzanna Teresa Zaleska and Natalia E. Krzesniak
- 08:50-09:00 **Establishing quantitative diagnostic criteria for breast lymphedema via B-mode ultrasonography and elastography: a systematic review and preliminary synthesis.** Urszula Janiuk and Luca Improta
- 09:00-09:10 **Modified lymphoscintigraphy refines the diagnosis of distal primary lymphatic insufficiency of the lower limb.** M. Wald
- 09:30-11:00 **WORKSHOP 1 (EQUIPSA)**
Biobridge: present and future of the surgical solution for lymphedema.
Carmen Higuera and Carmen Iglesias
- 11:00-11:30 **Coffee break** (exhibition area)
- 11:30-14:00 **WORKSHOP 2 (THUASNE)**
Optimizing lymphedema care: clinical and medico-economic evidence of home-based compression strategies. Pinar Borman
- 14:00-15:00 **Lunch** (exhibition area)

ROOM H002

- 15:00-15:45 **Meeting of the Executive Committee of the International Society of Lymphology**

ROOM H004

- 15:45-17:45 **WORKSHOP 3 (JUZO)**
How to improve effectiveness of the therapy and have sustainable results in lymphatic diseases. Pyszniak Slawomi
- 18:00-20:00 **WORKSHOP 4 (MEDI)**
Management of obesity in lymphology: developing of lymphedema with growing obesity. Treatment and prevention.
Franz Schingale and Gabriele Faerber

EXHIBITION AREA

- 08:00-20:00 **POSTERS**

Saturday 26th SEP

ASSEMBLY HALL

ORAL COMMUNICATIONS

Chairs: Alberto Macciò and Marta Fernández

- 08:20-08:30 **A preliminary study on the immediate effects of multi-layer bandaging on balance, mobility, quality of life and risk of falling in patients with lower limb lymphoedema: a pre and post intervention analysis.**
Claudia Tacconi, Fabio Romaldini, Mario Vetrano, Serena Michellini and Sandro Michellini
- 08:30-08:40 **Head and neck lymphedema after radiotherapy. Prevalence, changes and associated factors. A prospective observational cohort study.**
Agneta Hagren, Johanna Sjövall, Christina Brogårdh, Karin Johansson and Eva Ekvall Hansson
- 08:40-08:50 **The effect of BOSU ball balance exercises added to complete decongestive therapy on static and dynamic balance in breast cancer-related lymphedema.** Esra Karaköseli Yıldız, Oya Topuz, Hakan Alkan and Ayse Sarsan
- 08:50-09:00 **Impact of a supervised exercise program in patients with cancer-related lymphedema: functional outcomes, safety perception, and 6-month adherence.** Azusena E. Rodríguez, M^a. Pilar Crespo, M^a. Susana Gil and José Antonio Díaz

SESSION 5: SURGERY

Chairs: Francesco Boccardo, Gurusamy Manokaran and Joe Harfouche

- 09:00-09:20 **Pathophysiological bases of the surgical treatment of lymphatic diseases.** Francesco Boccardo
- 09:20-09:40 **Peri-operative complex physical therapy in lymphaticovenous anastomosis: survey findings and updated evidence.** Nele Adrianssen
- 09:40-10:00 **Twenty-five-year outcomes of reconstructive liposuction for large, chronic lymphedema: evidence of complete reduction.** Hakan Brorson
- 10:00-10:20 **Microsurgery procedures in lymphedema.** Gurusamy Manokaran
- 10:20-10:40 **Lymphedema of male genitals, a 360 degrees approach.**
Giovanni Monetta
- 10:40-11:00 **Discussion**

11:00-11:30 **Coffee break** (exhibition area)

ASSEMBLY HALL

11:30-12:30 **General Assembly of ESL**

SESSION 6: MISCELLANEOUS

Chairs: Martin Wald, Karin Johansson and Giovanni Monetta

12:30-12:50 **Let us not wait for lymphoedema. Recognizing lymphatic insufficiency before irreversible damage occurs.** Martin Wald

12:50-13:10 **Primary and paediatric lymphoedema at VASCERN: when healthcare professionals and ePAG Advocates work as a team.**
Manuela Lourenço Marques

13:10-13:20 **The novel approach in lymphedema treatment: combining biobridge and complex decongestive therapy. Preliminary results.**
Aleksandra Rovnaia

13:20-13:30 **Differences in fluid distribution, tissue alterations, and response to compression therapy between cancer-related and non-cancer-related lower limb lymphedema.** Marzanna Teresa Zaleska

13:30-13:40 **Immunohistochemical study using anti-podoplanin and anti-CD31 antibodies on advanced colorectal adenocarcinoma, the second report.** Eikichi Okada, H. Hayashi, M. Makino, S. Terabe and A. Takemoto

13:40-14:00 **Discussion**

14:00-14:30 **End of the Congress**

ROOM H004

08:00-09:00 **POSTER DEFENSE**

09:00-11:00 **WORKSHOP 5**

Optimising the design and manufacture of multi-component bandages using the latest materials and measurement systems.

Jean-Paul Belgrado and Velika Stoichkova

11:00-11:30 **Coffee break**

ORAL COMMUNICATIONS

Chairs: Evangelos Dimakakos, Pierre Bourgeois and Nele Adrianssen

12:30-12:40 **Breast lymphedema following cancer treatment: a comprehensive narrative review of current evidence and clinical challenges.**
Urszula Janiuk and Luca Improta

ROOM H004

- 12:40-12:50 **Assessing tissue stiffness in lower extremity lymphedema: a comparative analysis of indentometer-based induration and ultrasonographic compliance.** Elif Duygu-Yildiz, Samet Genez, Mustafa Fatih Yasar and Nuriye Özengin
- 12:50-13:00 **Genital lymphedema: clinical characteristics, severity, and therapeutic approaches in a 10-year retrospective cohort.** Daniel Céspedes, Fátima Sirvent, Isabel Muñoz and Isabel Forner-Cordero
- 13:00-13:10 **Is secondary lymphoedema always secondary?** Michelini Sandro, Michelini Serena, Romaldini Fabio, Tacconi Claudia, Caputi Leonardo, and Rosi Lorenzo
- 13:10-13:20 **Comprehensive care for patients with secondary lymphedema.** J. Vlasák and M. Wald
- 13:20-13:30 **Nutritional treatment of chylous dysplasias: clinical experience with a hypolipidic diet and medium-chain triglycerides.** Beatrice Fedre and Francesco Boccardo
- 13:30-13:40 **Dynamic circumferential arm sculpting in lipedema surgery.** Alexo Carballeira

EXHIBITION AREA

- 08:00-14:00 **POSTERS**

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EUROPEAN SOCIETY OF LYMPHOLOGY

1ER CONGRESO GRUPO ESPAÑOL DE LINFOLOGÍA



PROGRAMA SINÓPTICO · GEL 2026 - **MIÉRCOLES 23 DE SEPTIEMBRE DE 2026**

HORA	HALL	SALON DE ACTOS	AULA H004	ZONA EXPOSICIÓN
13:30- 14:00	Acreditación			
14:00 - 16:00			Taller 1: Drenaje Linfático	Posters
16:00 - 17:15		Comunicaciones Orales	Taller 2: Vendaje	
17:15 - 18:00			Simposio (EQUIPSA): Evaluación del linfedema mediante la tecnología de constante dieléctrica tisular	
18:00 - 18:40			Taller 3: Prendas de Compresión	
18:40 - 19:30				



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CONGRESS

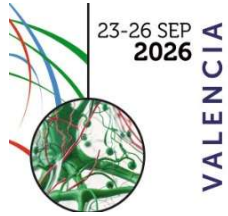
EUROPEAN SOCIETY OF LYMPHOLOGY

1ER CONGRESO GRUPO ESPAÑOL DE LINFOLOGÍA



PROGRAMA SINÓPTICO · GEL 2026 - JUEVES 24 DE SEPTIEMBRE DE 2026

HORA	HALL	SALON DE ACTOS	AULA H004	ZONA EXPOSICIÓN
08:00 - 08:30	Acreditación			
08:30 - 09:00		Apertura del Congreso		
09:00 - 10:30		<u>Sesión 1:</u> Linfedema	<u>Taller 4 (PHYSIOMED):</u> Deep Oscillation en el linfedema y las secuelas oncológicas	Posters
10:30 - 11:00	Pausa cafe (Zona Exposición)			
11:00 - 13:00		<u>Sesión 2:</u> Lipedema	<u>Taller 5:</u> Diagnóstico en Linfedema: Aplicación de Herramientas Digitales en la Consulta de Linfedema	
13:00 - 14:00		Asamblea General del GEL		
14:00 - 15:00	Comida (Zona Exposición)			
15:00 - 16:30		<u>Sesión 3:</u> Tratamiento del Linfedema	<u>Taller 6 (MEDI):</u> Linfedema en Cáncer de Mama: Estrategias Terapéuticas Actuales	
16:30 - 17:30			<u>Taller 7:</u> Autogestión del Linfedema: Del Modelo Biomédico al Paciente Protagonista	
17:30 - 18:30		Conferencia Magistral: Linfocintigrafía-ICG		
18:30 - 19:00				
19:00 - 19:30				
19:30 - 20:00		Clausura del Congreso y Entrega de Premios		



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CONGRESS
EUROPEAN SOCIETY OF LYMPOLOGY

1ER CONGRESO GRUPO ESPAÑOL DE LINFOLOGÍA



PROGRAM OVERVIEW · ESL 2026 - FRIDAY 25TH SEPTEMBER 2026

HORA	HALL	ASSEMBLY HALL	ROOM H 004	Exhibition Area
07:45 - 08:15	Registration			
08:15 - 08:25		Welcome to the Congress		
08:25 - 08:30				
08:30 - 09:10			Oral Communications	
09:10 - 09:30		<u>Session 1: Clinical Features</u>		
09:30 - 10:40			<u>Workshop 1 (EQUIPSA):</u> Bio bridge: Present and Future of the Surgical Solution for Lymphedema	
10:40 - 11:00		Opening Ceremony		
11:00 - 11:30		Coffee Break (Exhibition Area)		
11:30 - 14:00		<u>Session 2: Diagnosis</u>	<u>Workshop 2 (THUASNE):</u> Optimizing Lymphedema Care: Clinical and Medico-Economic Evidence of Home-Based Compression Strategies	
14:00 - 15:00		Lunch (Exhibition Area)		Posters
15:00 - 15:45				
15:45 - 17:10		<u>Session 3: Lipedema</u>		
17:10 - 17:40		Oral Communications	<u>Workshop 3 (JUZO):</u> How to Improve Effectiveness of the Therapy and Have Sustainable Results in Lymphatic Diseases	
17:40 - 17:45				
17:45 - 17:50				
17:50 - 18:00				
18:00 - 19:30		<u>Session 4: Innovations in Lymphology</u>	<u>Workshop 4 (MEDI):</u> Management of Obesity in Lymphology: Developing of Lymphedema with Growing Obesity. Treatment and Prevention	
19:30 - 20:00		Oral Communications		



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CONGRESS

EUROPEAN SOCIETY OF LYMPHOLOGY

1ER CONGRESO GRUPO ESPAÑOL DE LINFOLOGÍA



PROGRAM OVERVIEW · ESL 2026 - **SATURDAY 26TH SEPTEMBER 2026**

HORA	ASSEMBLY HALL	ROOM H 004	Exhibition Area
08:00 - 08:40	Oral Communications	Poster Defense	Posters
08:40 - 09:00			
09:00 - 11:00	<u>Session 5:</u> Surgery	<u>Workshop 5:</u> Optimizing the Design and Manufacture of Multi-component Bandages Using the Latest Materials and Measurement Systems	
11:00 - 11:30	Coffee Break – Exhibition Area		
11:30 - 12:30	General Assembly of ESL		
12:30 – 13:40	<u>Session 6:</u> Miscellaneous	Oral Communications	
13:40 – 14:00			
14:00 - 14:30	End of the Congress		
14:30 - 14:45	Picnic Lunch – Exhibition Area		